

**Presented by Karen Jones**

**Bryant Consulting Group was founded on the belief that knowledge is an organization's most valuable asset. BCG's sole focus is on designing and implementing plans to ensure that your organization's knowledge is assessed, cultivated and captured.**

[Click here to know more](#)

## **6 Simple Steps To Accelerating your Learning**

**By Jake Sim**

### **6 Simple Steps To Accelerating your Learning**

by: **Jake Sim**

What is Accelerated learning?

Simply put, accelerated learning is the ability to absorb and understand new information quickly, and also to be able to retain that information.

It involves the process of unleashing the abilities within us. Every one of us learn differently. Accelerated learning calls upon us to learn techniques of learning that exactly match our personal learning styles. When we are learning in our preferred ways, learning becomes natural, easier and faster. That's why it's called accelerated learning.

Basically, the brain can be thought of being made up of the "Left Brain" and "Right brain". The left brain is the expert in language, mathematical processes, logical thoughts, sequences and analysis. The right brain specializes in rhythm, music, visual impressions, color, and pictures. Although each is dominant in certain activities, both sides are involved in almost all thinking. The point is that to learn the accelerated way, you must involve your whole brain.

Have you heard of the 8 intelligences? Can you name all 8 to me? There are 8 multiple intelligences : Linguistic, Logical-Mathematics, Visual-Spatial, Bodily-Kinesthetic, Musical, Interpersonal, Intrapersonal, and Naturalist as put forth by Harvard professor of education Howard Gartner. In accelerated learning, we use our strongest form of these 8 intelligences and learning will then be more enjoyable.

To master the art of accelerated learning overnight is impossible. It takes time and effort to increase the rate at which you learn. Still, let me give a brief overview of the entire process of accelerated learning. The 6 simple steps to accelerating your learning are:

Motivating the mind - motivating yourself so that you are in a confident and resourceful state that best supports learning. There are several ways, including the use of visualization, affirmations, and goals-setting.

Acquiring the information - using your personal and preferred way of absorbing the information. There are 3 distinct styles of processing information that we use. We'll use all 3 styles, only the degree to which we use them differs and that accounts for our varying styles of learning. The 3 styles are Visual ( seeing ), Auditory ( hearing ), and Kinesthetic ( physical activities and involvement ). So, your job is to

find out your preferred style of learning and use methods of learning that correspond to your style.

Searching out the meaning - when what you're learning has meaning to you, remembering it is will be an easy feat! Again, this depends on the most dominant form of intelligence in you and how you exploit it.

Triggering the memory - recall whatever you've learned at will with proven memory techniques. Such techniques may include the link method, the number-shape methods and so on. You have to consider the workings of memory and learn only when your memory is in an optimal state.

Exhibiting what you know - show that you know and fully comprehend what you've learned. If your learning and absorption of the information have been effective, you must be able to be fully capable of showing it anytime and anywhere. If you can really show that you know, you have absolutely comprehended the material you've learned!

Reflecting upon what you've learned - learning is a continuous process; we must learn from our mistakes. Self-analysis is important as it marks the end of the accelerated learning of a skill or new knowledge. When, upon finishing your learning of something, you reflect upon the process itself.

Of course, reading about the process and not taking action will not in any way serve you to master accelerated learning. If you're still unsure of how to proceed to really go into deeper depth into accelerated learning, you may download my free accelerated learning ebook course at: <http://self-improvement101.uni.cc/free-self-help-courses/mental/accelerated-learning.htm>

Remember, the essence of accelerated learning is in using methods of learning that really suits your natural learning style. Good luck with your quest towards accelerated learning!

Jake Sim is the founder of Self-Improvement101, a popular website about personal development. Great personal success articles, free ebooks and downloadable courses, and more resources are available. Subscribe to his highly recommended newsletter and get a FREE \$19 self-growth ebook! <http://www.self-improvement101.uni.cc>  
[contact@self-improvement101.uni.cc](mailto:contact@self-improvement101.uni.cc)

**Distance Learning Makes Life Easier**

**By Matthias Reightman**

Do you have a desire to continue your education but are just not sure how to fit it into your busy schedule? Or perhaps you want to finish a degree but live too far from a college to make the drive for classes. Whatever your situation, do not be discouraged. Distance learning makes it possible for almost anyone to take a class or work toward a degree regardless of where they live.

Distance learning is becoming increasingly popular in higher education. Educators and administrators realize that people are busy and that gaining a traditional education is not realistic for everyone. Distance learning makes it possible for people of all ages to complete a variety of classes toward degrees of many kinds.

Distance learning can take place over the internet through online courses or by correspondence through the mail. Having internet is definitely helpful for distance learning, but it is certainly not required. All you really need is an address and a mailbox and you can be well on your way to finishing a degree.

If learning from home sounds like it might work for you, begin to research different colleges and universities that offer distance learning as an option for students. A simple internet search or a search at your local library should be able to highlight appropriate schools for you in no time. You will have to consider too what kind of degree or program you hope to study in. Don't rush into studying something until you have explored many options.

A great thing about distance learning is that you can continue with the rest of your life while taking classes. You do not have to stop working, change jobs, or stop spending time with your family and friends. With distance learning you can take as few or as many classes as you want to. Some times in your life may be too busy for more than one class but at other times you may be able to fit in two or three distance learning classes. Distance learning is flexible and it allows you to be in control of your schedule. You will have to look hard to find an option that is as flexible and accommodating as distance learning.

Is there a specific program or degree that you have always dreamed about studying? If so, now is the time. Let distance learning make your educational dreams come true while keeping your life simple and easy.

An advisor to many people thinking about gaining more education, Matthias Reightman is an advocate for distance learning. See if distance learning is right for you by visiting <http://www.distancelearningtimes.info>

Related eBooks:

[Distance Learning Makes Life Easier](#)  
[Breaking Your Relationship Pattern, Part 1](#)  
[Accelerated Learning is Profitable](#)  
[Some Kids Have Difficulty Learning To Read](#)  
[Start Learning The Piano Today With A Free Music Lesson](#)

Get more Free PDF eBooks at [FreePDFeBooks.com](http://FreePDFeBooks.com)

Related Products:

[Instant Unzip Software](#)  
[How to play a Guitar](#)  
[The Alphabet of Birds](#)  
[Starting a Successful Retail Business](#)  
[Disaster Preparedness and Crime Protection Manual](#)

[Malamaal.com](http://Malamaal.com): A genuine resource center for Quality Ebooks and Softwares

Co-Sponsored Advertisement:

**This PDF eBook is for free Distribution only, it cannot be SOLD**

Want Free Web Space? Come and get it at MyBigHost! ...Rather a Premium Fully Featured Paid Hosting Account without the price tag that will never let you down? We will look after your every need at MyBigHost.com - Just visit and you shall discover :)

[Click here to know more](#)

Powered By [FreePDFeBooks.com](http://FreePDFeBooks.com)

[ReBrand this PDF eBook with your Name / URL / ClickBank Affiliate ID for Free](#)